

Testing Services at MHI-NB/LB

What types of evaluations do we perform?



Our providers are trained in a wide variety of assessment approaches, including neuropsychological (brain/behavior relationships), psychoeducational (academic), and psychological (mental health) evaluations. Our goal for every assessment is to better understand how a person thinks, learns, and behaves to help support them at home, work, or school.

What conditions do we diagnose?

While our clinicians can answer most diagnostic questions for young children through middle-aged adults, common conditions that we assess are:

- ADHD
- Autism
- Learning Disabilities (reading/writing/math)
- Intellectual Disability
- Giftedness/Twice Exceptional
- Communication Disorders
- Disruptive/Impulse-Control/Conduct Disorders
- Anxiety Disorders
- Depression & Mood Disorders
- Personality Disorders
- Psychotic-Spectrum Disorders
- Medical conditions like epilepsy

When should testing be considered?

An evaluation can be helpful when:

- there are difficulties learning, processing, or paying attention.
- there are behavioral, emotional, or social concerns.
- more information is needed about the impact of medical conditions/injuries on functioning.
- current interventions/supports are not helping.
- it has been ~3 years since the last assessment; changes over time and/or updated recommendations are needed.
- diagnostic clarification about complex symptoms is needed.

Who does the testing at MHI-NB/LB?

Testing is conducted by our licensed clinical psychologists who have had specialized assessment and/or neuropsychological training. Our evaluations are comprehensive, whole-person focused, and individualized. We use standardized, norm-referenced, and culturally-sensitive measures to answer your questions objectively.

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How long does testing take?

Testing involves several steps, with visits spread over various days:



Most interviews can be telehealth. Testing is always done in person and generally involves ~6 hours of work. This can be done in one day to avoid missing multiple days of school/work or broken into 2-3 smaller sessions. Our clinicians will work around your schedule and/or important timelines. Supplemental sessions can include observations at school and participation in IEP/school meetings to discuss findings.

Do parents/guardians participate in testing?

Parents/guardians are key participants in the testing process, including providing background information and current concerns, filling out rating forms, and receiving verbal/written feedback. Caregiver and other informant input is also valuable for adult evaluations assessing for developmental and current concerns.

How much does testing cost?

Our comprehensive testing is based on an average of 20 hours of work at the hourly rate for our psychologist. MHI-NB/LB does not directly work with insurance providers; instead, we can offer a superbill upon completion of testing. This allows you the opportunity to submit for potential reimbursement.

What are the positive outcomes of testing?

- Clarifying symptoms to provide applicable diagnoses.
- Targeted recommendations for school interventions, work accommodations, and home-based supports.
- Referrals for other specialists, as needed.
- Written report that can be taken to medical doctors, therapists, and other providers so they can learn more about you/your child.



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