

Matthew N. Koury, M.D., M.P.H.

Distinguished Fellow, American Academy of Child & Adolescent Psychiatry

Distinguished Fellow, American Psychiatric Association

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Mind Health Institute, Newport Beach
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Mind Health Institute, Laguna Beach
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Laguna Beach, CA 92651
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www.mhi-lb.com

Mind Health Institute, Inc.
2730 Wilshire Boulevard, Suite 600
Santa Monica, CA 90403
(310) 204-4121
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CURRENT APPOINTMENTS

Founder & Director, Mind Health Institute, Newport Beach & Mind Health Institute, Laguna Beach
Co-Founder, Mind Health Institute, Inc. & Mind Health Institute Foundation
Assistant Clinical Professor, UCLA Department of Child & Adolescent Psychiatry
Board of Directors, UCLA Psychiatric Clinical Faculty Association
Founding Chair of Sports Psychiatry Committee, Orange County Psychiatric Society
Consulting Psychiatrist, National Football League (Los Angeles Rams & Los Angeles Chargers)
Certified Psychiatrist, Major League Baseball
Certified Psychiatrist, United States Olympic & Paralympic Committee Mental Health Registry
Leadership Council, Positive Coaching Alliance – Los Angeles
Advisory Board, Center for Health and Sport at Western University of Health Sciences
Scientific Advisory Board, The Children's School
Mental Health & Wellness Advisory Board, Santa Margarita Catholic High School
Admissions Ambassador, Harvard School of Public Health
Harvard College Admissions Interviewer, Harvard University

PREVIOUS APPOINTMENTS

President, Southern California Society of Child & Adolescent Psychiatry
Clinical Instructor, UCLA Department of Child & Adolescent Psychiatry
Executive Committee, Southern California Society of Child & Adolescent Psychiatry
Co-Founder & President, Mind Health Institute, Santa Monica
Participant, National Football League Players Association Referral Network
National Committee Member of Lifelong Learning Committee, American Academy of Child & Adolescent Psychiatry
Adjunct Professor, Pepperdine Graduate School of Education & Psychology
National Committee Member of Family Committee, American Academy of Child & Adolescent Psychiatry
Attending Psychiatrist, New York State Psychiatric Institute
Emergency Room Psychiatrist, Columbia University Medical Center
Chief Fellow, New York Presbyterian Hospital of Columbia and Cornell Universities
Chief Resident of Child & Adolescent Psychiatry Service, UCLA Neuropsychiatric Institute

MEDICAL LICENSES & BOARD CERTIFICATIONS

California State Medical License #A91131
New York State Medical License #233244
Board Certified in Psychiatry, American Board of Psychiatry & Neurology
Board Certified in Child & Adolescent Psychiatry, American Board of Psychiatry & Neurology

EDUCATION

<i>New York Presbyterian Hospital of Columbia and Cornell Universities (NYPH)</i>	New York, NY
Fellowship in Child and Adolescent Psychiatry; June 2009 Chief Fellow	
<i>University of California, Los Angeles Neuropsychiatric Institute (UCLA-NPI)</i>	Los Angeles, CA
Residency in General Adult Psychiatry; June 2007 Chief Resident, Inpatient Child & Adolescent Service	
<i>Harvard University School of Public Health (HSPH)</i>	Boston, MA
Master of Public Health; June 2003 <i>Concentration:</i> Family & Community Health with emphasis in Mental Health & Substance Abuse	
<i>University of Tennessee Health Science Center (UTM)</i>	Memphis, TN
Medical Doctor; June 2002	
<i>University of North Carolina at Chapel Hill (UNC)</i>	Chapel Hill, NC
Bachelor of Science in Biology with Honors & Distinction; May 1996	

HONORS

Orange County Medical Association, Physicians of Excellence Award, 2015-2021 (annually)
 Orange County Psychiatric Society, Most Distinguished Psychiatrist Award, 2019
 Distinguished Fellow, American Academy of Child & Adolescent Psychiatry
 Distinguished Fellow, American Psychiatric Association
 Outstanding Resident Award, American Academy of Child & Adolescent Psychiatry
 Imhotep Society
 Phi Beta Kappa

CLINICAL & TEACHING EXPERIENCE

Mind Health Institute, Newport Beach Newport Beach, CA
Mind Health Institute, Laguna Beach Laguna Beach, CA
Child, Adolescent, & Adult Psychiatrist (January 2009-now)
Founder & Director (April 2011-now)
 • Provide a range of clinical psychiatric services to active patient load of ~500 local children, adolescents, adults, and families
 • Collaborate and supervise a range of providers including psychiatrists, psychologists, therapists, volunteers, etc.
 • Oversee developing the collaborative model that focuses on implementing evidence-based services on community level
 • Administer community education and outreach through free community-based lecture to area providers and parents

Mind Health Institute, Inc. & Mind Health Institute Foundation Santa Monica, CA
Co-founder (June 2013-now)
 • Develop a unique model with MHI, Inc. as the management organization to oversee the development of several clinics
 • Creating the MHI Foundation which will support development of mental health clinics in underserved communities
 • Foster community collaboration to build support for the MHI foundation to assist other area mental health efforts

UCLA Department of Child & Adolescent Psychiatry Los Angeles, CA
Clinical Instructor (June 2009-June 2011)
Assistant Clinical Professor (June 2011-now)
 • Provided clinical supervision to Child & Adolescent Psychiatry fellows at UCLA

National Football League
Consulting Psychiatrist, Los Angeles Rams (September 2016-now) Thousand Oaks, CA
Consulting Psychiatrist, Los Angeles Chargers (August 2017-now) Costa Mesa, CA
 • Provided psychiatric evaluations and medication management for active NFL players.

Major League Baseball Newport Beach, CA
MLB-Certified Psychiatrist (December 2018-now)
 • Provided psychiatric evaluations and medication management for major league and minor league players.

Los Angeles County Department of Mental Health / Juvenile Justice Program Los Angeles, CA
Attending Psychiatrist (June 2009-October 2011)
 • Provided clinical services for adolescents in detention in the LA County juvenile halls and camps

Children's Institute, Inc. Los Angeles, CA
Attending Psychiatrist (June 2009-February 2011)
 • Provided clinical services to children, adolescents, and families as part of a county contracted facility.

New York State Psychiatric Institute / Columbia University Department of Psychiatry New York, NY
Attending Psychiatrist, Part-time (July 2008-June 2009)
 • Provided weekend & holiday psychiatric care for NYSPI's inpatient clinical and research units

New York Presbyterian Hospital / Columbia University Medical Center New York, NY
Psychiatrist, Children's Comprehensive Psychiatric Emergency Program (October 2007-June 2009)
Psychiatrist, Adult Comprehensive Psychiatric Emergency Program (June 2008-June 2009)
 • Evaluated and managed cases in both the children's and adult's psychiatric emergency rooms

Pepperdine University / Graduate School of Education and Psychology Malibu, CA
Adjunct Professor (January 2007-June 2007)
 • Taught Psychopharmacology course for clinical psychology graduate students

San Fernando Valley Community Mental Health Center, Inc. / Transitions Program

Van Nuys, CA

Staff Psychiatrist (September 2005-June 2007)

- Provided clinical services and case consultation for a county mental health program for transitional youth

Olive View Medical Center / Psychiatric Emergency Room

Sylmar, CA

Staff Psychiatrist (April 2006-June 2007)

- Conducted clinical evaluations, case consultations, and other emergency psychiatric services for LA county hospital

RESEARCH EXPERIENCENY State Psychiatric Institute / Center of Outpatient Prevention & Evaluation (COPE)

New York, NY

Research Assistant & Group Co-leader (June 2008-June 2009)

- Co-led group for young men considered high risk for development of a primary psychotic process
- Looked at longitudinal data pertaining to fluctuation of prodromal psychotic symptoms over time

UCLA / Center for the Assessment & Prevention of Prodromal States (CAPPS)

Los Angeles, CA

Research Assistant (July 2006-June 2007)

- Worked on inpatient ward to assist in identifying and screening patients with prodromal symptoms of schizophrenia
- Assisted project staff with issues related to community interfacing and education as well as recruitment of subjects

UCLA / Health Services Research Center

Los Angeles, CA

Research Assistant (August 2005-June 2007)

- Worked with research team to develop school-record abstraction tool for measuring ADHD outcome measures
- Took lead in early development and piloting of tool as well as writing up research paper for publication

Cambridge Health Alliance / Institute for Community Health

Cambridge, MA

Graduate Researcher (September 2002-June 2003)

- Completed master's practicum focusing on the association between depression, condom use, and stage of change
- Designed and implemented research protocol, trained staff, and presented data from several area teen health clinics

Urban Institute Justice Policy Center / Judicial Oversight Demonstration Project

Boston, MA

Field Research Assistant (February-June 2003)

- Recruited and interviewed domestic abuse victims and offenders about their experiences with community services
- Collected data for a multi-site study funded by the Department of Justice to improve courtroom and police programs

St. Jude Children's Research Hospital / Department of Diagnostic Imaging

Memphis, TN

Research Assistant in Pediatric Oncology (October 1998-July 2000)

- Worked on MRI project focused on the effect of radiation on normal brain tissue in children with primary brain tumors

Duke University Primate Center / Department of Biological Anthropology and Anatomy

Durham, NC

Undergraduate Researcher (August 1995-May 1996)

- Conducted field research and completed an undergraduate honors thesis in the behavioral sciences
- Studied the effect of the mating season on mother-child affiliative behavior in several groups of brown lemurs

COMMUNITY HEALTH EXPERIENCECambridge Health Alliance / Institute for Community Health

Cambridge, MA

Project Coordinator for 'Children's Mental Health' Project (October 2002-June 2003)

- Facilitated the development of a large inter-agency initiative in collaboration with many community and academic physicians
- Served as link between community healthcare professionals, private physicians, Harvard faculty, and non-profit staff members
- Implemented and ran various workgroups focusing on the development of a progressive mental health screening program

Church Health Center – Hope and Healing Center / Caldwell Neighborhood Initiative

Memphis, TN

Student Project Coordinator (September 1997-December 2001)

- Developed and implemented a health education curriculum for an inner-city public elementary school
- Served as a liaison between medical students & faculty, Caldwell administration, and the Church Health Center
- Created opportunities for medical students to gain experiences in educational & clinical-based community medicine

Columbia University School of Public Health

New York, NY

Health Educator, Young Men's Health Clinic (May-June 1999)

Office Assistant, Department of Forced Migration (May-June 1999)

- Presented material on reproductive health issues to young men visiting a community-based health clinic
- Assisted in the planning of an international course on complex humanitarian emergencies

New York City Department of Health / Bureau of School Health

New York, NY

Health Research Training Program Intern (June-August 1998)

Physician Aid for Chinatown Clinic at Public School 2 (June-August 1998)

- Developed health education materials on several communicable diseases for the New York City public school system
- Observed doctors and nurses in various school-based health clinics located throughout the five New York City boroughs
- Aided with immunizations, physical exams, and other clinical activities in a pediatric clinic for recent Chinese immigrants

West Tennessee Area Health Education Center / Westwood Crime Prevention Project

Memphis, TN

Small Group Facilitator and Student Mentor (December 1997-May 1998)

- Presented and led discussions for a "Rites of Passage" program with a group of adolescent boys
- Worked in conjunction with the South Memphis Police Department to develop crime prevention presentations

AmeriCorps National Service / Colorado I Have A Dream Foundation

Denver, CO

Assistant Project Coordinator (September 1996-June 1997)

- Completed a 'one-year term' of national service working for a non-profit drop-out prevention program
- Managed cases and tracked the educational and behavioral progress of approximately 70 sixth graders and their families
- Developed and implemented after school programs in core reading, conflict resolution, and tutoring assistance
- Worked as a teaching assistant and student counselor in the Denver Public School System

INTERNATIONAL EXPERIENCE

Hospital Nacional Cayetano Heredia / Department of Tropical Medicine

Lima, Peru

Clinical Intern (May 2002)

- Assisted Gastroenterology residents with various procedures and clinical activities related to tropical infections
- Worked with residents and attended daily clinical rounds with Tropical Medicine team

Integrated Holistic Approach — Urban Development Project (IHA-UDP)

Addis Ababa, Ethiopia

Health-Component Intern (July-August 1999)

- Developed and taught AIDS awareness classes to groups of adolescents using role-playing and other didactic formats
- Worked with community-based health clinic to conduct physical exams and subsequently analyze laboratory data
- Aided in home visits to educate HIV-positive women about secondary prevention methods

PUBLICATIONS & PRESENTATIONS

Hoag Neurosciences Conference, 8/15/2011; ADD, ADHD, PDD, ASD, DMDD, TDD... An Alphabet Soup of Neuropsychiatric Diagnoses.

Fountain Valley Hospital Grand Rounds, ADHD Clinical Update, 6/7/2012, ADHD Clinical Review & Update

Hoag Memorial Hospital Presbyterian Grand Rounds, 5/13/2011; Anxiety Disorders Clinical Review & Update

New York State Psychiatric Institute Grand Rounds Presentation, 9/17/2008 Clinical Case Conference

Steen, R.G., Koury, M., Granja, C.I., Xiong, X., Wu, S., Glass, J.O., Mulhern, R.K., Kun, L.E., Merchant, T.E. (2001). Effect of Ionizing Radiation on the Human Brain: White Matter and Gray Matter T1 in Pediatric Brain Tumor Patients Treated with Conformal Radiation Therapy. *International Journal of Radiation Oncology, Biology, and Physics*, 49 (1), 79-91.

Koury, M. (1999). Parent's Guide to Head Lice. *New York City Department of Health Education pamphlet.*

Koury, M. (1999). Parent's Guide to Scarlet Fever. *New York City Department of Health Education pamphlet.*

PROFESSIONAL AFFILIATIONS & MEMBERSHIPS

American Psychiatric Association (APA)
American Academy of Child & Adolescent Psychiatry (AACAP)
American Medical Association (AMA)
International Society of Sports Psychiatry (ISPP)
Orange County Psychiatric Society (OCPS)
Southern California Society of Child & Adolescent Psychiatry (SCSCAP)
Orange County Medical Association (OCMA)
California Medical Association (CMA)
University of North Carolina General Alumni Association
Harvard Club of Southern California
National Geographic Society

COMMUNITY SPONSORSHIPS

American Academy of Child & Adolescent Psychiatry (monthly)
National Alliance on Mental Illness – Orange County (annually)
Newport Beach Baseball Association (annually)
Laguna Niguel Little League (annually)
Laguna Beach High School Baseball
Corona Del Mar High School Baseball