

# GAYLE C. POLSKY

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## EXPERIENCE

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2013 – Present	Mind Health Institute, Newport Beach Child, Adolescent, and Adult Psychiatrist Director of Psychiatric Services	Newport Beach, CA
2013 – Present	Juvenile Court Mental Health Services Child, Adolescent, and Adult Psychiatrist for the Department of Mental Health Working in a multidisciplinary team as a mental health consultant to judges and attorneys at Edelman's Children Court	Monterey Park, CA

## EDUCATION

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2011 – 2013	University of California, Los Angeles <i>Child and Adolescent Psychiatry Fellowship Training Program</i>	Los Angeles, CA
2008 – 2011	University of Southern California <i>Psychiatry Residency Training Program</i>	Los Angeles, CA
2004 – 2008	St. Louis University School of Medicine <i>M.D., May 2008</i>	St. Louis, MO
1999 – 2004	University of Southern California <i>B.A., Biological Sciences</i> <i>B.S., Kinesiology</i>	Los Angeles, CA

## HONORS AND AWARDS

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2019	Orange County Physician of Excellence - Orange County Medical Association
2012 – 2013	Chief of the Child and Adolescent Psychiatry Fellowship at UCLA
2009	University of Southern California Psychiatry Intern of the Year
2000 – 2004	University of Southern California, Dean's List

## LICENSURE AND CERTIFICATIONS

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2013 – Present	Board Certified Child and Adolescent Psychiatry
2012 – Present	Board Certified General Adult Psychiatry
2009 – Present	California State Medical License #A110133
2009 – Present	DEA License

## PROFESSIONAL MEMBERSHIPS

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2010 – Present	American Academy of Child and Adolescent Psychiatry
2010 – Present	Southern California Psychiatric Society

## COMMITTEE MEMBERSHIPS

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2013 – 2014	Training Advisory Committee Child and Adolescent Psychiatry Department University of California, Los Angeles	Los Angeles, CA
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Gayle Polsky, MD

2013 – 2014	Psychiatric Clinical Faculty Association Executive Board, UCLA	Los Angeles, CA
2009 – 2011	Residency Recruitment Committee Department of Psychiatry and Behavioral Science University of Southern California	Los Angeles, CA

## **VOLUNTEER EXPERIENCE**

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2004 – 2006	HIV Task Force St. Louis University School of Medicine <i>Educated adolescence about risk factors for HIV and AIDS</i>	St. Louis, MO
2001 – 2003	Valley Oasis Domestic Violence Shelter <i>Assisted with art therapy, play therapy with children</i> <i>Worked as an academic tutor for children residing in the shelter</i>	Lancaster, CA
2001 – 2003	Women and Youth Supporting Each Other (WYSE) University of Southern California <i>Served as a mentor to underprivileged teenage girls</i> <i>Provided curriculum based, group, and individual mentorship activities</i>	Los Angeles, CA
2001 – 2003	Family of Schools University of Southern California <i>Tutored elementary school children</i>	Los Angeles, CA

## **PRESENTATIONS**

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2018	“Psychiatric Medications 101: The Role of Medication Treatments in the Dependency and Delinquency Systems” Dr. Hershel Swinger Memorial Partnership Conference for Children and Families in Los Angeles County, Los Angeles County Dependency Court
2014	“Overview of Atypical Antipsychotic Drug Use in Children and Adolescents” Dr. Hershel Swinger Memorial Partnership Conference for Children and Families in Los Angeles County, Los Angeles County Dependency Court
2013	“Selective Mutism- A Clinical Case and Literature Review” University of Los Angeles California, Neuropsychiatric Institute
2010	“Folate in Depression” University of Southern California Psychiatric Inpatient Unit <i>Presentation of the role of folate in the treatment of depression</i>
2009	“Antipsychotics During Pregnancy and Possible Effects on the Newborn” University of Southern California Psychiatric Inpatient Unit
2009	“Posttraumatic Stress Disorder and the Biological Alterations” University of Southern California Psychiatric Emergency Room <i>The role of the HPA axis, Cortisol, and Norepinephrine in PTSD</i>