

Cindy L. Fibel, M.D.

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EMPLOYMENT

- 2017 – Current: Mind Health Institute- Newport Beach
Private Practice, Child, Adolescent and Adult Psychiatrist
Newport Beach, CA
- 2015 – 2017: Columbia University Medical Center
Instructor in Psychiatry at Columbia University Medical Center
Assistant Attending Psychiatrist at New-York Presbyterian Hospital
Outpatient Child, Adolescent and Adult Psychiatrist at Children’s Hospital of New York and
Special Needs Clinic
New York, NY

EDUCATION

- 2013 – 2015: New York Presbyterian Hospital of Columbia and Cornell Universities
Child and Adolescent Psychiatry Fellowship Training Program
New York, NY
- 2010 – 2013: University of California, San Diego Medical Center
Psychiatry Residency Training Program
San Diego, CA
- 2006 – 2010: University of California, San Diego School of Medicine
M.D., June 2010
La Jolla, CA
- 2001 – 2005: University of California, San Diego
B.S. Biomedical Engineering, Cum Laude
La Jolla, Ca

MEDICAL LICENSES & BOARD CERTIFICATIONS

- California State Medical License Number: A120428 (active)
- New York State Medical License Number: 269494 (inactive)
- Board Certified by the American Board of Psychiatry and Neurology in Psychiatry (active)
- Board Certified by the American Board of Psychiatry and Neurology in Child Psychiatry (active)

PROFESSIONAL AFFILIATIONS

- American Academy of Child and Adolescent Psychiatry
American Psychiatric Association
Orange County Psychiatric Society

Positions Held:

- 2014 - 2015 New York Council Member-In-Training Subcommittee
2012 - 2013 American Psychiatric Association Area 6 (California) Member-In-Training Representative
2011 - 2012 American Psychiatric Association Area 6 (California) Member-In-Training Deputy Representative
2012 - 2013 American Psychiatric Association Member-In-Training Consultant to the Council on Medical
Education and Lifelong Learning
2012 - 2013 San Diego Psychiatric Society: Assistant editor for SDPS monthly newsletter
2011 - 2013 American Psychiatric Association Access to Care Group Member
2011 - 2013 Co-President of UCSD Child Interest Group

ADVANCED PROFESSIONAL TRAINING AND TEACHING

08/2016	The Linehan Institute/Behavioral Tech Dialectical Behavior Therapy Foundational Training	New Canaan, CT
04/2016	New York-Presbyterian Hospital Tobacco Treatment Specialist	New York, NY
2016 – 2017	Columbia University Medical Center <i>Instruction of Family Medicine Residents</i>	New York, NY
01/2016- 10/2016	Medicaid Accelerated eXchange (MAX) Series Program Integration of Behavioral Health and Primary Care Services	New York, NY
04/2015	Autism Diagnostic Observation Schedule (ADOS-2) Training Workshop, Weill Cornell Medical College Center for Autism and the Developing Brain	White Plains, NY
03/2015 – 2016	Sexual Behavior Clinic at New York State Psychiatric Institute with Dr. Mary Vince, <i>Evaluations for adolescents who commit sexual offenses</i> <i>Group Therapy Co-Facilitator</i>	New York, NY
12/2014 – 05/2015	Gender evaluations of children with Disorders of Sex Development	New York, NY
11/2014, 03/2013	Bipolar Theme Day <i>Co-facilitator, teaching NYP Child Psychiatry fellows</i>	New York, NY
10/2014	Parent-Child Interaction Therapy <i>Training at AACAP</i>	San Diego, CA
09/2014	Trauma Focused Cognitive Behavioral Therapy <i>Training at the Silberman School of Social Work at Hunter College</i>	New York, NY
07/2013 - 07/2014	New York Presbyterian Hospital, Columbia and Cornell <i>Taught and supervised medical students, adult residents, and postgraduate students on inpatient units, consult-liason, and emergency room services</i>	New York, NY
05/2014	Pediatric Neurology and Psychiatry Joint Case Conference <i>Presenter on Psychogenic Nonepileptiform Seizures</i>	New York, NY
01/2009 - 12/2009	Department of Anatomy, UC San Diego School of Medicine <i>Teaching Assistant</i>	San Diego, CA
01/2005 - 03/2005	Department of Biology, UC San Diego <i>Teaching Assistant for Genetics</i>	San Diego, CA

HONORS AND AWARDS

Best Role Model Resident Award - UCSD Psychiatry Program, 2013
APA Minority Travel Scholarship to APA Annual Conference, New Orleans, 2010
NIH Summer Research Training Grant, UCSD, 2007
UCSD Free Clinic Service Award, 2007
Phi Beta Kappa Honor Society, UCSD, 2005
National Society of Collegiate Scholars, La Jolla, CA, 2002
Community Outreach Club Leadership Award, La Jolla, CA, 2002
Special recognition, Society of Women Engineers, La Jolla, CA, 2001

PUBLICATIONS

Lim, C., Kestenbaum, C. (2015, June). *Sexual Disorders and Gender Dysphoria in Adolescents: Explorations during Fellowship*. Poster presented at New York State Psychiatric Institute; New York, NY

Lim, C., Weston, S., Middleton, M., Sirlin, C., Schwimmer JB. (2007, September). *Measurement and Surrogates of Visceral Adipose Tissue in Obese Adolescents..* Poster presented at: UCSD Summer Research Conference; San Diego, CA.

Weston, S., Lim, C., Middleton, M., Sirlin, C., Schwimmer, J..(2007, September). *Association of Dietary Calcium Intake and Visceral Adipose Tissue in Obese Adolescents.* Poster presented at: UCSD Summer Research Conference; San Diego, CA.

Weston, S., Lim, C., Middleton, M., Sirlin, C., Schwimmer, J..(2008, October). *Dietary Calcium Intake and Visceral Adipose tissue in Obese Adolescents..* Poster presented at: The Obesity Society Annual Scientific Meeting; Phoenix, AZ.

NIH research training Grant (T25HL0741)- Worked with Dr. Schwimmer and colleagues to find markers to estimate cardiovascular risk in pediatric obesity, quantifying and measuring surrogates of Visceral Adipose Tissue, using Slice-O-Matic software to quantify visceral fat on abdominal MRIs. 2007

VOLUNTEER ACTIVITIES

01/2014	NYP Clinical Learning Environment Review Representative <i>Elected by NYP co-fellows to participate in CLER visit by ACGME</i>
08/2014 - 12/2014	NYP Child Psychiatry Fellowship Recruitment Committee <i>Interviewed applicants</i>
2006 - 2009	UCSD Student Run Free Clinic, California <i>Fundraiser coordinator</i>
09/2001 - 06/2005	Pre-Medical Associated Student Services <i>Volunteer/Member, Chaperoning Special Olympics Athletes, St. Vincent de Paul Soup Kitchen, Play days for disabled children.</i>
06/2001 - 8/2001	Amigos de Las Americas, Nicaragua <i>Non-Profit Health Volunteer</i>

HOBBIES AND INTERESTS

Child and Adolescent Psychiatry
Travel, Outdoor Activities