

# GAYLE COPELAND POLSKY

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## EMPLOYMENT

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2013 - Current	Mind Health Institute – Newport Beach Private practice Child, Adolescent and Adult Psychiatrist Director of Psychiatric Services	Newport Beach, CA
2013 – Current	Juvenile Court Mental Health Services Child, Adolescent and Adult Psychiatrist Working in a multidisciplinary team as a mental health Consultant to Judges and Attorneys	Monterey Park, CA

## EDUCATION

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2011 – 2013	University of California, Los Angeles <i>Child and Adolescent Psychiatry Fellowship Training Program</i>	Los Angeles, CA
2008 – 2011	University of Southern California <i>Psychiatry Residency Training Program</i>	Los Angeles, CA
2004 – 2008	St. Louis University School of Medicine <i>M.D., May 2008</i>	St. Louis, MO
1999 – 2004	University of Southern California <i>B.A., Biological Sciences</i> <i>B.S., Kinesiology</i>	Los Angeles, CA

## HONORS AND AWARDS

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2012 – 2013	Chief of the Child and Adolescent Psychiatry Fellowship at UCLA
2009	University of Southern California Psychiatry Intern of the Year
2000 – 2004	University of Southern California, Dean's List

## LICENSURE AND CERTIFICATIONS

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2013	Board Certified Child and Adolescent Psychiatry
2012	Board Certified General Adult Psychiatry
2009 - present	California Medical License Number A110133
2009 - present	DEA License

## PROFESSIONAL MEMBERSHIPS

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2010 – present	American Academy of Child and Adolescent Psychiatry
2008 – present	American Psychiatric Association
2004 – present	American Medical Association
2004 – 2012	American Medical Women's Association

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## COMMITTEE MEMBERSHIP

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2013-2014	Training Advisory Committee Child and Adolescent Psychiatry Department University of California, Los Angeles	Los Angeles, CA
2013-2014	Psychiatric Clinical Faculty Association Executive Board, UCLA	Los Angeles, CA
2009 - 2011	Residency Recruitment Committee Department of Psychiatry and Behavioral Science University of Southern California	Los Angeles, CA

## VOLUNTEER EXPERIENCES

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2004 - 2006	HIV Task Force St, Louis University School of Medicine <i>Educated adolescence about risk factors for HIV and AIDS</i>	St. Louis, MO
2001 - 2003	Valley Oasis Domestic Violence Shelter <i>Assisted with art therapy, play therapy with children</i> <i>Worked as an academic tutor for children residing in the shelter</i>	Lancaster, CA
2001 - 2003	Women and Youth Supporting Each Other (WYSE) University of Southern California <i>Served as a mentor to underprivileged teenage girls</i> <i>Provided curriculum based, group and individual mentorship activities</i>	Los Angeles, CA
2001 - 2003	Family of Schools University of Southern California <i>Tutored elementary school children</i>	Los Angeles, CA

## PRESENTATIONS

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2013	"Selective Mutism- A Clinical Case and Literature Review" University of Los Angeles California, Neuropsychiatric Institute	Los Angeles, CA
2010	"Folate in Depression" University of Southern California Psychiatric Inpatient Unit <i>Presentation of the role of folate in the treatment of depression</i>	Los Angeles, CA
2009	"Antipsychotics During Pregnancy and Possible Effects on the Newborn" University of Southern California Psychiatric Inpatient Unit	Los Angeles, CA
2009	"Posttraumatic Stress Disorder and the Biological Alterations" University of Southern California Psychiatric Emergency Room <i>The role of the HPA axis, Cortisol, and Norepinephrine in PTSD</i>	Los Angeles, CA

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