

Behrouz Namdari, M.D.

WORK EXPERIENCE

- Jan 2019-
Present **Child/Adolescent and Adult Psychiatrist**
Newport Beach and Laguna Beach Locations
Mind Health Institute, Newport Beach, CA
- June 2020-
April 2021 **Contracted Psychiatrist**
Acacia Mind and Body, Irvine, CA
- Jan 2019-
Oct 2019 **Per Diem Child/Adolescent Addiction Psychiatrist**
Laguna Hills Dual Dx Clinic
Southern California Permanente Medical Group
- July 2016-
Dec 2018 **Associate Child/Adolescent Addiction Psychiatrist**
Laguna Hills Dual Dx Clinic
Southern California Permanente Medical Group
- July 2014-
June 2016 **Consultant Child/Adolescent Psychiatrist**
Cognitive Psychiatry of Chapel Hill, Chapel Hill, NC

EDUCATION

- Chief Fellow **DUKE UNIVERSITY SCHOOL OF MEDICINE**
Executive Chief Fellow
Department of Psychiatry, 2015 – 2016
Durham, North Carolina
- Fellowship **DUKE UNIVERSITY SCHOOL OF MEDICINE**
Child and Adolescent Psychiatry Fellowship
Department of Psychiatry, 2014 – 2015
Durham, North Carolina
- Chief Residency **DUKE UNIVERSITY SCHOOL OF MEDICINE**
Research and Education Chief Resident
Department of Psychiatry, 2013 – 2014
Durham, North Carolina
- Residency **DUKE UNIVERSITY SCHOOL OF MEDICINE**
Department of Psychiatry, 2010 – 2013
Durham, North Carolina

Medical School	ROSALIND FRANKLIN UNIVERSITY OF MEDICINE AND SCIENCE Chicago Medical School, 2006 – 2010 North Chicago, Illinois
Undergraduate	UNIVERSITY OF CALIFORNIA, LOS ANGELES B.S. in Psychobiology, 2001 – 2005 Cum Laude Los Angeles, California

CERTIFICATION AND LICENSURE

2016	American Board of Psychiatry and Neurology Board Certification in Child and Adolescent Psychiatry
2014	American Board of Psychiatry and Neurology Board Certification in General Psychiatry
2016	California Medical License A 141707
2014	Buprenorphine Certification
2014	Duke University Medical Center Electroconvulsive Therapy Program Certification

HONORS AND AWARDS

2023	Physician of Excellence - Orange County
2014	American Academy of Child and Adolescent Psychiatry Educational Outreach Program for Child and Adolescent Psychiatry Residents
2014	North Carolina Psychiatric Association Annual Meeting Resident Poster Competition – Third Place
2014	Certificate of Completion: Duke Resident Research Education Series
2007	Chicago Medical School Summer Research Fellowship

PUBLICATIONS

Peer Reviewed Journal Articles:

Goode AP, Coeytaux RR, Maslow GR, Davis N, Hill S, **Namdari B**, LaPointe NMA, Befus D, Lallinger KR, Bowen SE, Kosinski A, McBroom AJ, Sanders GD, Kemper AR. Nonpharmacological Treatments for Attention-Deficit/Hyperactivity Disorder: A Systematic Review. *Pediatrics*, 2018 Jun; 141(6)

Kemper AR, Maslow GR, Hills S, **Namdari B**, Allen LaPointe NM, Goode AP, Coeytaux RR, Befus D, Kosinski AS, Bowen SE, McBroom AJ, Lallinger KR, Sanders GD. Attention Deficit Hyperactivity Disorder: Diagnosis and Treatment in Children and Adolescents. *AHRQ Comparativeness Effectiveness Reviews*. 2018 Jan. Report No.: 18-EHC005-EF.s

Namdari B, Kollins S. Stimulants: Abuse and Performance Enhancement (or Lack Thereof). FOCUS, Volume 13, Issue 3, Summer 2015, pp. 283-289.

Namdari B. Venlafaxine Dependence in a Patient with Schizophrenia and Prior History of Substance Dependence: Case Report. Journal of Addictive Disease, Volume 32, Number 4, December 2013, pp. 393-395.

Bertucci W, Yadegar J, Takahashi A, Alzahrani A, Frickel D, Tobin K, Kapur K, **Namdari B**, Dutson E, Gracia C, Mehran A. Antecolic Laparoscopic Roux-en-Y Gastric Bypass is not Associated with Higher Complication Rates. The American Surgeon, Volume 71, Number 9, September 2005, pp. 735-737.

Educational Publications:

Namdari B, Kollins S. Chapter: Methylphenidate and Related Compounds. Encyclopedia of Psychopharmacology, Second Edition. Ian P. Stolerman, Lawrance H. Prince. Springer, 2015.

Namdari B. Psychiatry Certification Question Bank (2013).

Namdari B. First Aid Q&A for the USMLE Step 1, Third Edition. Tao Le, James A. Feinstein, Mark W. Ball, and Annie Dude. McGraw-Hill Medical, January 2012.

Namdari B. Chapter 3: Gastrointestinal. First Aid for the Basic Sciences: Organ Systems, 2nd Edition. Tao Le and Kendall Krause. McGraw-Hill Medical, September 2011.

Namdari B. Step 1 Qmax, 2011 Edition. Published by MediQ Learning, LLC. Available at: <http://www.usmlerx.com>.

Namdari B. Step 1 Qmax, 2010 Edition. Published by MediQ Learning, LLC. Available at: <http://www.usmlerx.com>.

Other Publications:

Namdari B, Kollins S. Review of the Long Term Academic Outcomes for Children Treated for ADHD. Child and Adolescent Pharmacology Newsletter, Volume 18(6), 2013, pp. 6-8.

ABSTRACTS AND PRESENTATIONS

ADHD

Seminar: Durham Public Schools. Durham, NC, March 2015.

Namdari B, Byrne J, Mitchell J. Attention Network Task Performance in a Community Sample with ADHD. North Carolina Psychiatric Association Annual Meeting Resident Poster Competition. Wrightsville, NC, September 2014.

Namdari B. ADHD and TMS: Bridging the Gap between Neuroscience and Psychological Testing. Senior Scholarly Presentation. Durham, NC, May 2014.

School Refusal

Seminar: Durham Public Schools. Durham, NC, December 2014.

Carapetian S, **Namdari B**, Mayefsky J, Perlmutter L. Neuropsychological Change Associated with Orthostatic Blood Pressure Regulation in Mothers and Their Children. Poster presented at Rosalind Franklin University of Medicine and Science Summer Research Fellows Poster Session. North Chicago, IL, October 2007.

SELECTED CLINICAL TRIAL EXPERIENCE

Licensed Medical Professional: NCT01681875 Project 1, Study 1: Investigating the Impact of Nicotine Using Spectrum Cigarettes.

Sponsor: National Institute on Drug Abuse.

Sub-investigator: A Randomized, Multicenter, Double-blind, Placebo-controlled, Parallel group study on NTO102 Methylphenidate Polistirex Extended Release Oral Disintegrating Tablets (equivalent to 20, 30, 40 or 60 mg of methylphenidate hydrochloride) in Children (ages 6-12 years) with Attention Deficit Hyperactivity Disorder.

Sponsor: Neos Pharmaceuticals, INC.

Sub-investigator: A Randomized, Double-blind, Parallel-group, Multicenter Efficacy and Safety Study of SEP-225289 versus Placebo in Adults with Attention Deficit Hyperactivity Disorder (ADHD).

Sponsor: Sunovion Pharmaceuticals, Inc.

Sub-investigator: SPD489.406: A Phase 4, Randomized, Double-blind, Multicenter, Parallel-group, Active Controlled, Forced Titration, Safety and Efficacy Study of SPD489 (Vyvanse®) Compared with OROS-MPH*(Concerta®) with Placebo Reference Arm in Adolescents Aged 13-17 Years with Attention Deficit Hyperactivity Disorder (ADHD).

Sponsor: Shire Development LLC

Sub-investigator: SPD489.405: A Phase 4, Randomized, Double-blind, Multicenter, Parallel-group, Active Controlled, Dose-optimization, Safety and Efficacy Study of SPD489 (Vyvanse®) Compared with OROS-MPH*(Concerta®) with Placebo Reference Arm in Adolescents Aged 13-17 Years with Attention Deficit Hyperactivity Disorder (ADHD).

Sponsor: Shire Development LLC.

Sub-investigator: A 6-week Randomized, Multicenter, Double-blind, Parallel, Fixed-dose Study of MG01CI (Metadoxine Immediate-release/Slow-release, Bilayer Caplet) 1400 mg Compared with Placebo in Adults with Attention Deficit/Hyperactivity Disorder (ADHD).

Sponsor: Alcobra Ltd.

SPECIALIZED TRAINING

- 2015-2016 Duke Child and Adolescent Substance Abuse Clinic
- 2015-2016 Duke Child and Adolescent Transgender Clinic
- 2015-2016 Duke ADHD Psychopharmacology Clinic
- 2013-2014 Duke Electroconvulsive Therapy Practicum
- 2013-2014 Duke Cognitive Behavioral Therapy for ADHD Practicum
- 2013 Teaching and Learning Evidence Based Medicine Workshop
- 2012-2014 Duke Child and Family Studies Clinic Practicum
- 2012-2014 Duke Acceptance and Commitment Therapy Practicum
- 2011 Duke Transcranial Magnetic Stimulation Fellowship

LEADERSHIP EXPERIENCE

- 2016-2021 Nurse Practitioner Supervisor