

Behrouz Namdari, M.D.

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WORK EXPERIENCE

- 2019-Present **Child, Adolescent, & Adult Psychiatrist**
Mind Health Institute, Laguna Beach
Mind Health Institute, Newport Beach
- 2019-Present **Per Diem Child/Adolescent Addiction Psychiatrist**
Laguna Hills Dual Diagnosis Clinic
Southern California Permanente Medical Group
- 2016-2018 **Associate Child/Adolescent Addiction Psychiatrist**
Laguna Hills Dual Diagnosis Clinic
Southern California Permanente Medical Group
- 2014-2016 **Consultant Child/Adolescent Psychiatrist**
Cognitive Psychiatry of Chapel Hill, Chapel Hill, NC

EDUCATION

- Chief Fellow **DUKE UNIVERSITY SCHOOL OF MEDICINE**
Executive Chief Fellow
Department of Psychiatry, 2015 – 2016
Durham, North Carolina
- Fellowship **DUKE UNIVERSITY SCHOOL OF MEDICINE**
Child and Adolescent Psychiatry Fellowship
Department of Psychiatry, 2014 – 2015
Durham, North Carolina
- Chief Residency **DUKE UNIVERSITY SCHOOL OF MEDICINE**
Research and Education Chief Resident
Department of Psychiatry, 2013 – 2014
Durham, North Carolina
- Residency **DUKE UNIVERSITY SCHOOL OF MEDICINE**
Department of Psychiatry, 2010 – 2013
Durham, North Carolina
- Medical School **ROSALIND FRANKLIN UNIVERSITY OF MEDICINE AND
SCIENCE**
Chicago Medical School, 2006 – 2010
North Chicago, Illinois

Undergraduate **UNIVERSITY OF CALIFORNIA, LOS ANGELES**
B.S. in Psychobiology, 2001 – 2005
Cum Laude
Los Angeles, California

CERTIFICATION AND LICENSURE

2016 American Board of Psychiatry and Neurology Board Certification in Child and Adolescent Psychiatry
2014 American Board of Psychiatry and Neurology Board Certification in General Psychiatry
2016 California Medical License A 141707
2014 Buprenorphine Certification
2014 Duke University Medical Center Electroconvulsive Therapy Program Certification

HONORS AND AWARDS

2014 American Academy of Child and Adolescent Psychiatry Educational Outreach Program for Child and Adolescent Psychiatry Residents
2014 North Carolina Psychiatric Association Annual Meeting Resident Poster Competition – Third Place
2014 Certificate of Completion: Duke Resident Research Education Series
2007 Chicago Medical School Summer Research Fellowship

PUBLICATIONS

Peer Reviewed Journal Articles:

Goode AP, Coeytaux RR, Maslow GR, Davis N, Hill S, **Namdari B**, LaPointe NMA, Befus D, Lallinger KR, Bowen SE, Kosinski A, McBroom AJ, Sanders GD, Kemper AR.

Nonpharmacological Treatments for Attention-Deficit/Hyperactivity Disorder: A Systematic Review. *Pediatrics*, 2018 Jun; 141(6)

Kemper AR, Maslow GR, Hills S, **Namdari B**, Allen LaPointe NM, Goode AP, Coeytaux RR, Befus D, Kosinski AS, Bowen SE, McBroom AJ, Lallinger KR, Sanders GD. Attention Deficit Hyperactivity Disorder: Diagnosis and Treatment in Children and Adolescents. *AHRQ Comparativeness Effectiveness Reviews*. 2018 Jan. Report No.: 18-EHC005-EF.s

Namdari B, Kollins S. Stimulants: Abuse and Performance Enhancement (or Lack Thereof). *FOCUS*, Volume 13, Issue 3, Summer 2015, pp. 283-289.

Namdari B. Venlafaxine Dependence in a Patient with Schizophrenia and Prior History of Substance Dependence: Case Report. *Journal of Addictive Disease*, Volume 32, Number 4, December 2013, pp. 393-395.

Bertucci W, Yadegar J, Takahashi A, Alzahrani A, Frickel D, Tobin K, Kapur K, **Namdari B**, Dutson E, Gracia C, Mehran A. Antecolic Laparoscopic Roux-en-Y Gastric Bypass is not Associated with Higher Complication Rates. *The American Surgeon*, Volume 71, Number 9, September 2005, pp. 735-737.

Educational Publications:

Namdari B, Kollins S. Chapter: Methylphenidate and Related Compounds. Encyclopedia of Psychopharmacology, Second Edition. Ian P. Stolerman, Lawrance H. Prince. Springer, 2015.

Namdari B. Psychiatry Certification Question Bank (2013).

Namdari B. First Aid Q&A for the USMLE Step 1, Third Edition. Tao Le, James A. Feinstein, Mark W. Ball, and Annie Dude. McGraw-Hill Medical, January 2012.

Namdari B. Chapter 3: Gastrointestinal. First Aid for the Basic Sciences: Organ Systems, 2nd Edition. Tao Le and Kendall Krause. McGraw-Hill Medical, September 2011.

Namdari B. Step 1 Qmax, 2011 Edition. Published by MediQ Learning, LLC. Available at: <http://www.usmlerx.com>.

Namdari B. Step 1 Qmax, 2010 Edition. Published by MediQ Learning, LLC. Available at: <http://www.usmlerx.com>.

Other Publications:

Namdari B, Kollins S. Review of the Long Term Academic Outcomes for Children Treated for ADHD. *Child and Adolescent Pharmacology Newsletter*, Volume 18(6), 2013, pp. 6-8.

ABSTRACTS AND PRESENTATIONS

ADHD

Seminar: Durham Public Schools. Durham, NC, March 2015.

Namdari B, Byrne J, Mitchell J. Attention Network Task Performance in a Community Sample with ADHD. North Carolina Psychiatric Association Annual Meeting Resident Poster Competition. Wrightsville, NC, September 2014.

Namdari B. ADHD and TMS: Bridging the Gap between Neuroscience and Psychological Testing. Senior Scholarly Presentation. Durham, NC, May 2014.

School Refusal

Seminar: Durham Public Schools. Durham, NC, December 2014.

Carapetian S, **Namdari B**, Mayefsky J, Perlmutter L. Neuropsychological Change Associated with Orthostatic Blood Pressure Regulation in Mothers and Their Children. Poster presented at Rosalind Franklin University of Medicine and Science Summer Research Fellows Poster Session. North Chicago, IL, October 2007.

SELECTED CLINICAL TRIAL EXPERIENCE

Licensed Medical Professional: NCT01681875 Project 1, Study 1: Investigating the Impact of Nicotine Using Spectrum Cigarettes.

Sponsor: National Institute on Drug Abuse.

Sub-investigator: A Randomized, Multicenter, Double-blind, Placebo-controlled, Parallel group study on NTO102 Methylphenidate Polistirex Extended Release Oral Disintegrating Tablets (equivalent to 20, 30, 40 or 60 mg of methylphenidate hydrochloride) in Children (ages 6-12 years) with Attention Deficit Hyperactivity Disorder.

Sponsor: Neos Pharmaceuticals, INC.

Sub-investigator: A Randomized, Double-blind, Parallel-group, Multicenter Efficacy and Safety Study of SEP-225289 versus Placebo in Adults with Attention Deficit Hyperactivity Disorder (ADHD).

Sponsor: Sunovion Pharmaceuticals, Inc.

Sub-investigator: SPD489.406: A Phase 4, Randomized, Double-blind, Multicenter, Parallel-group, Active Controlled, Forced Titration, Safety and Efficacy Study of SPD489 (Vyvanse®) Compared with OROS-MPH*(Concerta®) with Placebo Reference Arm in Adolescents Aged 13-17 Years with Attention Deficit Hyperactivity Disorder (ADHD).

Sponsor: Shire Development LLC

Sub-investigator: SPD489.405: A Phase 4, Randomized, Double-blind, Multicenter, Parallel-group, Active Controlled, Dose-optimization, Safety and Efficacy Study of SPD489 (Vyvanse®) Compared with OROS-MPH*(Concerta®) with Placebo Reference Arm in Adolescents Aged 13-17 Years with Attention Deficit Hyperactivity Disorder (ADHD).

Sponsor: Shire Development LLC.

Sub-investigator: A 6-week Randomized, Multicenter, Double-blind, Parallel, Fixed-dose Study of MG01CI (Metadoxine Immediate-release/Slow-release, Bilayer Caplet) 1400 mg Compared with Placebo in Adults with Attention Deficit/Hyperactivity Disorder (ADHD).

Sponsor: Alcombra Ltd.

SPECIALIZED TRAINING

2015-2016 Duke Child and Adolescent Substance Abuse Clinic

2015-2016 Duke Child and Adolescent Transgender Clinic

2015-2016 Duke ADHD Psychopharmacology Clinic

2013-2014 Duke Electroconvulsive Therapy Practicum

2013-2014 Duke Cognitive Behavioral Therapy for ADHD Practicum

2013 Teaching and Learning Evidence Based Medicine Workshop

- 2012-2014 Duke Child and Family Studies Clinic Practicum
- 2012-2014 Duke Acceptance and Commitment Therapy Practicum
- 2011 Duke Transcranial Magnetic Stimulation Fellowship

LEADERSHIP EXPERIENCE

- 2014-Present **Nurse Practitioner Supervisor**
- 2014 **Camp Kaleidoscope Volunteer Counselor**
Volunteer camp counselor for a non-profit organization who provides a camping experience to children with severe medical illnesses.
- 2013-2014 **Duke Psychiatry Residency Writing Club Founder**
Organized a writing group for residents interested in publishing medical literature.
- 2013-2014 **Duke Psychiatry Residency Curriculum Committee Member**
Member of a joint resident/faculty committee aiming to improve psychopharmacology education.
- 2013-2014 **Duke Psychiatry Residency Evidence Based Medicine Course Co-Leader**
Helped develop and teach the intern evidence-based medicine academic half day course with the residency director.
- 2012-2013 **Residency Counsel Board Member**
Elected representative for the third-year class to the residency counsel.
- 2012-2014 **Peer Mentorship Co-Organizer**
Helped facilitate peer mentorship between upper level and lower level residents.
- 2010-2014 **Objective Structured Clinical Examination (OSCE) Educator**
Worked as a facilitator in the Duke Psychiatry Residency's OSCE program to help prepare incoming interns for their rotations.